



**3<sup>rd</sup> Annual Lancers Run for Charity 5K Run/Walk & Fun Run  
Saturday November 6, 2010**

**8:30 am – ¼ mile Fun Run      9:00 am – 5K Run/Walk  
Belleville East High School**



**Sign up by Oct  
29<sup>th</sup> to guarantee  
your shirt!**

*All proceeds from the event will benefit:  
LINC Fun & Learning Classes for  
Adults with Disabilities  
&  
Upgrades to the Belleville East Campus Trail*

**Awards will be given to the top finisher in each category for the 5K Race:  
Male, Female – Under 12, 13-18, 19-24, 25-30, 31-40, 41-50, 51-60, 61+  
All finishers in the ¼ mile Fun Run will receive a ribbon**

The 5K route will utilize the running track, running trail, and two streets adjacent to the campus of Belleville East High School. The 5K route is not ideal for strollers but is mostly flat. Please be advised that the trail portion of the run may be vulnerable to the elements. The Fun Run will take place on the running track.

ENTRY FEES	
<b>5K Run/Walk</b>	<b>¼ mile Fun Run/Walk</b>
\$17 registration fee prior to October 29, 2010	\$12 registration fee prior to October 29, 2010
\$20 registration fee after October 29, 2010 & on race day	\$15 registration fee after October 29, 2010 & on race day

5K will be professionally timed by Toolen's Running Start! Results will be posted at [www.runningstartsports.com](http://www.runningstartsports.com)

Checks made payable to BELLEVILLE EAST  
Fill out, detach, and mail bottom portion to:  
Belleville East High School  
ATTN: Joe Nesbit  
2555 West Boulevard  
Belleville, IL 62221

Contact Joe Nesbit at (618) 222-3712 or by email at [jnesbit@bths201.org](mailto:jnesbit@bths201.org) for more information

NAME: \_\_\_\_\_ Sex (M) \_\_\_\_\_ (F) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_ AGE (As of 11/6/10): \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

EVENT: I will be participating in (Please circle one): 5K Run/Walk    ¼ mile Fun Run/Walk    BTHS-E CLUB: \_\_\_\_\_

T-SHIRT SIZE (Please circle one): Youth-S Youth-M Youth-L Adult-S Adult-M Adult-L Adult-XL Adult-XXL Adult-XXXL  
\*Sign up by Oct 29<sup>th</sup> to guarantee your shirt. Shirts are not guaranteed for late registration and walk-ups

I WILL NOT BE PARTICIPATING BUT PLEASE ACCEPT MY DONATION OF \$ \_\_\_\_\_

Waiver of Liability: I understand that running/walking a race is a potentially hazardous activity. I know that I should not enter a walk/run unless I am medically able and properly trained. I agree to abide by the decision of any race official relating to my ability to safely complete the race. I assume all risks associated with running/walking this event. Having read this waiver, my signature verifies that I understand these facts and understand that upon your acceptance of this application, the entry fee is non-refundable. I, for myself and anyone entitled to act on my behalf, waive and release Belleville East High School/District 201, the city of Belleville, Toolen's Running Start, LINC, and all other sponsors, volunteers, the representatives, and successors from all claims or liabilities of any kind arising from my participation in this race. I also understand that some information may be used by the sponsors. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this race for any legitimate purpose.

PARTICIPANT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(Only needed if participant is under age 18)