



6th Annual Kelly A. Nelson Memorial

5K Fun Run/Walk

Benefitting The Leukemia & Lymphoma Society

Saturday, Nov 13, 2010 *Start time 8:30am

Check-in and race day registration start at 7:30am

Arnold City Park, Jeffco Blvd (near the Meramec River Bridge)

Mostly flat, paved course through the woods. Long sleeved T- shirts to the first 120 registrants.

Attendance prizes and raffles. All proceeds go to LLS.

Awards given to the first place male & female finisher in each age group: 13-19, 20-29, 30-39, 40-49, 50-59, 60+

Entry fee: \$20 payable to The Leukemia & Lymphoma Society. No fee for age 12 and under (unless ordering a t-shirt)

For questions contact Gail @ 314-280-9005 or kellyanelson5k@aol.com

Send your completed registration, waiver and fee to:

Kelly A. Nelson 5K, c/o Gail Ure
39 Windswept Dr, Arnold, MO 63010

NAME: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

GENDER: _____ AGE: _____ DOB: _____ SHIRT SIZE: S M L XL

I, _____, understand that running, walking and racing can be a hazardous sport or recreational event. In consideration of the foregoing, I, for myself, my heirs, executors, administrators and assigns do hereby release and discharge the organizers of this event, The Leukemia & Lymphoma Society, The City of Arnold, Arnold Parks and Recreation Dept, all co-sponsors and volunteer workers from all damage, demands, actions and causes of action whatsoever, in any manner arising or growing out of my participation in this event. I verify I am physically fit and able to enter this event.

Signature (Parent if under age

18) _____ Date _____